

October 22, 2009

Dear Parents,

The Emery Unified School District is taking steps to reduce the spread on the H1N1 Flu Virus in our schools. We are working closely with the California and Alameda County Departments of Health to monitor flu conditions and make decisions about the best steps to take concerning our schools.

We have had two cases of H1N1 in the district. We will keep you updated with new information as it becomes available. We want to keep the schools open to students and functioning in a normal manner during this flu season. **We need your help to do this.** Here are a few things you can do to help.

- Explain to your children the importance of **frequent** hand washing with soap and water or an alcohol-based hand sanitizer.
- Explain the importance of :
  - not sharing** personal items like cell phones, drinks, food, utensils, make-up, etc.
  - covering up coughs and sneezes using their elbow (the Dracula Cough) arm or sleeve instead of their hand when a tissue is not available.
- Recognize the signs and symptoms of the flu. Symptoms of the flu may include:
  - Fever over 100 degrees Fahrenheit, 37.8 degrees Celsius or greater
  - Cough
  - Sore throat
  - Runny or stuffy nose
  - Body aches
  - Headache
  - Feeling very tired
- Keep sick children at home for at least 24 hours **after** they no longer have any signs of fever, without using fever reducing medication. Keeping children with a fever at home will reduce the number of people who may get infected.
- **Do not send children to school if they are sick.** Any child determined to be sick while at school will be sent home.
- Notify your child's school if a case of H1N1 is **confirmed** in your home.

For more general information regarding the H1N1 Flu virus, visit [www.flu.gov](http://www.flu.gov) or [www.emeryed.org](http://www.emeryed.org) and check the page concerning Wellness. Additionally, site and district administrators are working with teachers and staff to insure that appropriate precautions are reinforced at school. We have provided sites with wall mounted dispensers for each classroom. Our custodial staff is also working to ensure that hard surfaces and bathrooms are wiped down and cleaned frequently.

Together we can keep our children safe.

Sincerely,



John Sugiyama, Ed.D.  
Superintendent of Schools

John Sugiyama, Ed.D.  
Superintendent

**BOARD OF TRUSTEES**

Joshua Simon  
President

Kurt Brinkman  
Vice President

Melodi K. Dice  
Board Clerk

Miguel Dwin  
County Representative

Cheryl Webb  
Board Member

**SCHOOL SITES**

**Anna Yates Elementary School**  
Jaguanana Lathan, Principal  
1070 41st Street  
Emeryville, CA 94608

**Emery Secondary School**  
Anakarita Allen, Principal  
1100 47th Street  
Emeryville, CA 94608